



EMOTIONS
and **ACTIONS**
Flashcards Montessori



Montessori Emotions and Actions Flashcards

"Children only reveal themselves when they are left free to express themselves."

Maria Montessori.

This game is inspired by the Montessori method and will accompany your child in discovering their body and understanding and recognising emotions and actions, developing their independence and imagination. Self-awareness and awareness of their body means the ability to identify their own physical and emotional identity. We will help you to make the best use of the available cards: 12 represent parts of the human body, 11 represent emotions, and 13 correspond to actions. We offer various suggestions, ranging from very SIMPLE games suitable for children of 1-2 years, to more difficult ones for children aged 3-4. Choose a time when the child will be receptive and motivated, show you are available and willing to help them, and avoid any distractions.

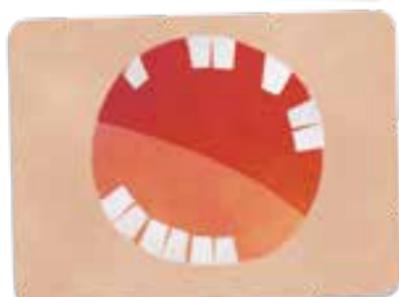
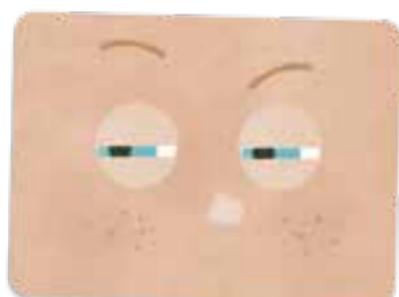
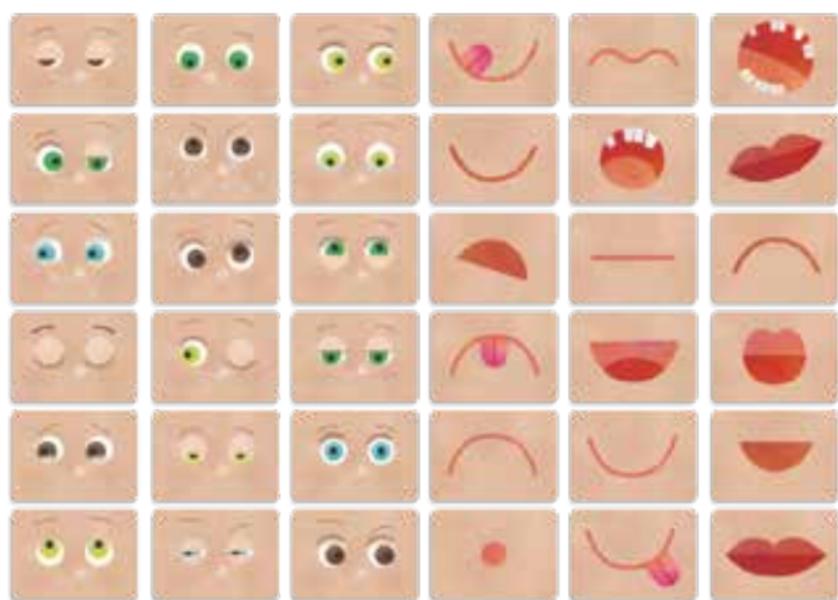


The Emotions Cards

From birth, children exhibit a range of facial expressions which correspond to specific emotional states such as excitation, pleasure or pain. From a very early age, children will imitate the emotional states of their parents, learn to use body language, and recognise feelings and emotions. After showing and reading all the emotions to the child, ask them some questions.

For example: "When you eat ice cream, you are ...?", "When mummy tells you off, you feel ...?". The child should then respond by picking up the card with the correct emotion. The reverse sides of the cards also feature expressions with the mouth, and with the eyes and nose. The child can play by combining them freely.





The Actions Cards

Using the actions cards, you can have fun with younger children by miming the action, which the child should recognise on the card. Then ask them what action you just performed. Otherwise, have the child mime an action after showing them the corresponding card. For older children, on the other hand, you can suggest a fun game: make unfinished sentences, to be followed by questions, for example “the girl ... the cake” or “the boy ... the water” and then ask “What is the girl doing? What is the boy doing?”

The child then responds by picking up the card with the correct action. This activity is also great fun if performed in company.



The Body Cards

The body cards help the child to learn and recognise the parts of the human body. You can carry out different activities depending on the child's age. Start with a simple "Touch-touch" game, in other words recognising a part of their own body and then the corresponding part of yours. Present all the cards to the child and read them out, pointing to the arm, ears, mouth and so on. Ask them, for example: "Where are your ears?" and have them first touch their own, then yours. For children aged 3-4, you can use a more difficult game: they have to name the body part from the card in front of them, and explain what it does. This way the child will learn to associate the body part cards with the action cards, for example: mouth-sing; legs-run; eyes-read etc.







Multiple Intelligences Games

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